

Teams

- To consist of a minimum of 4 and a maximum of 8 Scouts
- Composite patrols are allowed
- Troops are allowed to enter more than 1 patrol if they notify the organisers
- No team member over 14
- A maximum per team of 1 PL and 2 APL's or 2 PL's and 1 APL
- Only 4 of the patrol contribute points. The others may enter for experience but they will not score any points.

Equipment Required

PER TEAM

- Pack of cards or similar quiet game
- First Aid Kit
- Completed booking in sheet
- Pens/pencils
- Ingredients for the cooking competition (see rules)

PER INDIVIDUAL

- Full Uniform as worn on your Troop night (to be worn on arrival & departure)
- Packed Lunch
- Mobile phones may be taken but will be collected in at the beginning of the event and you will only be allowed to use them at the end of the event to call your parents.

Contact Numbers

Organising Team

Darren Dowling (Acting ADC Scouts) 07881650524
David Nickols (District Scout Leader) 07789236597



Barking & Dagenham
Mark Sutton Competition



Barking & Dagenham Scouts

invite you to

Mark Sutton
26th January 2008

at

6th B&D HQ
St. Mary's, Grafton
Road
10:00 a.m. - 4:00 p.m.



This event costs the district around

£50

All donations are welcome

Patrol Information Pack

Event Rules

Each of the bases will be marked out of 100 points

Inspection

Inspection will be judged on each troops known choice of uniform and presentation of the uniforms. Each patrol must bring a first aid box

Knots

Each patrol will be asked to understand and use knots from the groups below in an appropriate situation:

'Loops'

Alpine Butterfly, Bowline, Double Figure of Eight

Hitches

Truckers Hitch, Taut line Hitch, Timber Hitch

Bends

Zeppelin Bend, Sheet Bend, Carrick Bend

Other

Reef Knot, Fisherman's Knot, Fireman's Chair, Round Turn and Two Half Hitches, Sheet Bend, Sheep Shank

Mapping

Each patrol will be expected to be able to understand and use:

- 6 figure grid references
- OS map symbols (Explorer Scale 1:25000)
- Contour lines
- Route navigation
- Route length and related material that would enable them to navigate effectively in unfamiliar country.

Compass

Each patrol will be expected to be able to understand and use:

- Using a map with a compass
- Bearings
- Magnetic deviation
- Roamer scales on a compass
- Length estimation using a compass
- Triangulation

Cooking

Each patrol will be asked to cook a simple meal using the equipment provided. Marks will be awarded for hygiene, cooking ability, best use of ingredients, ingenuity and safety. Each patrol must bring the following ingredients only and use some or all of them:

rice

1 fish

chicken (can be breast or thighs, cooked or uncooked)

mushrooms

bean shoots

spring onions/onion

peppers

noodles

carrots

knob of butter

herbs and spices of various types

sugar and salt

flour

cooking oil

an egg

First Aid

Each patrol will be expected to complete a first aid incident to the best of their ability.

Quiz

Each patrol will be expected to complete a quiz during the course of the competition